

# Local Wellness Policy: Triennial Assessment

## Local Wellness Policy: Triennial Assessment Summary

### Section 1: General Information

School(s) included in the assessment:

Lee's Summit R7 School District –PK thru 12th

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Month and year of current assessment: June 2021

Date of last Local Wellness Policy revision: January 18, 2018

Website address for the wellness policy and/or information on how the public can access a copy:

[www.lsr7.net](http://www.lsr7.net) Meal Information Wellness Policy Assessment

### Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? Once annually

Designated School Wellness Leader

Name	Job Title	Email Address
Jennifer Flax	Wellness Coordinator	Jennifer.flax@lsr7.net

School Wellness Committee Members

Name	Job Title	Email Address
Eric Flack	Executive Director of Curriculum	Eric.flack@lsr7.net
Lori Danella	Nutrition Director	Lori.danella@lsr7.net
Emily Haines	PE Teacher	Emily.haines@lsr7.net
Teri Hansen	School Nurse	Teri.hansen@lsr7.net

Julie Doan	School Board	Julie.doan@lsr7.net
	Parent	
	Student	

### Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language
- Other (please specify) Missouri School Board Association Local Wellness Policy

Describe how your wellness policy compares to model wellness policies: The Wellness policy is very concise and centered on the required components.

### Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).

- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<b>Sequential and interdisciplinary nutrition education is provided and promoted through the health education curriculum.</b>	YES			Will continue to provide and promote nutrition education through the health curriculum.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<b>The District promotes and provides meaningful physical activity in addition to physical education that connects to students' lives.</b>	YES			Will continue to promote and provide meaningful physical activity and education.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<b>Child Nutrition programs comply with federal, state and local requirements. Child Nutrition Programs are accessible to all children.</b>	YES			Every building has school- based activities that promote wellness and meet all requirements. Nutrition Councils meet once per month. Cooking Clubs have been implemented at the Elementary level.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps

<b>All foods and beverages made available on campus during the school day are consistent with the USDA Healthy Hunger Free Kids Act of 2010 and specifically the Smart Snacks Standards implemented July 2014.</b>	YES			All sites implement and follow the Smart Snack guidelines for meal and snacks.
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Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<b>If rewards and incentives are given, healthy choices are required for rewards and incentives. When snacks are provided in classrooms, healthy snacks are expected for all grade levels. All fundraisers held within the District must meet the DESE Fundraiser Policy.</b>	YES			All sites are providing healthy choices for rewards, incentives and snacks. PTA and parents work with Nutrition Services to ensure snacks provided meet all guidelines and are Allergen Aware. Many elementary schools are switching to non-food incentives/rewards.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<b>All Foods and beverages made available on campus during the school day are consistent with USDA Healthy Hunger Free Kids Act of 2010 and specifically the Smart Snacks Standards implemented in July 2014.</b>	YES			Only foods and beverages meeting the Smart Snack guidelines are sold. There is no marketing or advertising of items not meeting these regulations.

The Lee’s Summit R7 District Student Wellness Policy is posted on the School District webpage. The triennial progress report will be posted on the District website as of July 2021.

Jennifer Flax, District Wellness Coordinator shall ensure compliance with the established district wide wellness policy.

A District Wellness committee will meet annually to review the wellness policy.

-A letter will be posted in a central area of the school building inviting members of the community to join the wellness committee. Parents, students, representatives of school food authority, PE teachers, school health

professionals, the school board, school administrators, and the public are invited to join the school wellness committee.

- The wellness committee members assist in the development, implementation, review and update of the wellness policy.

- The Wellness committee shall conduct a quantitative assessment of policy implementation every three years using the WellSAT Assessment.

The next triennial progress report will take place and be posted on the District web site in June 2024.